



healing the world one book at a time

Village of Care Press

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This book is not merely a tribute to a lost partner, or the heavy burdens carried from military service; it is a testament to the resilience of the human spirit. David Jenkins has woven a tapestry of loss, memory, and love—threads that bind the past to the present, the personal to the universal.

Amy Lane, Spiritual Director and Pastoral Counselor

Unbearable. Unpredictable. Relentless.

Grief and loss often leave us without words to describe our experiences and complicated emotions. It's easy to feel lost, afraid, and overwhelmed—especially in the first year of a grief journey. David Jenkins helps us build bridges through poetry, courageously naming the realities we face as we move through the nonlinear path of grief and healing.

Not just for those in mourning, *Healing a Grieving Heart* is a resource for grief counselors, therapists, clergy, and spiritual companions working with individuals, families, or groups. This book will help you rekindle hope when it feels like hope has died, too. It is a loving reminder that you are not alone.

Sample Poem
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Barren Branches

*Bare branches reaching for the sky
Stripped of foliage they once bore
Haunting their howling cry
Leaves from them had been tore.*

*Stripped of foliage they once bore
Empty limbs lifted in prayer
Leaves from them had been tore
Praying rebirth be their fare.*

*Empty limbs lifted in prayer
Testaments to death's desolation
Praying rebirth be their fare
Longing for spring's re-creation.*

*Testaments to death's desolation
Haunting their howling cry
Longing for spring's re-creation
My barren soul reaches for the sky.*

Sample Poem
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The Joy of Love

*The joy of your love warms my heart
It didn't die when you went away
Nothing can make this feeling depart
It transcends this mortal body of clay.*

*It didn't die when you went away
It lives in the essence of my soul
It transcends this mortal body of clay
Your love is what makes me whole.*

*It lives in the essence of my soul
Calling me to find a way to live again
Your love is what makes me whole
It gives me hope when overcome with chagrin.*

*Calling me to find a way to live again
Nothing can make this feeling depart
It gives me hope when overcome with chagrin
The joy of your love warms my heart.*