



healing the world one book at a time

Village of Care Press

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Can I ever love again?

Are you a person of a certain age who doubts you can love again? Perhaps you have been told by society that you are too old to find love. *Loving Again* disrupts these narratives as David Jenkins, quite unexpectedly, finds new love with Eva, a fellow hospice worker. David answers this poignant question by sharing his own journey from grief to love.

In his earlier books, *Healing a Grieving Heart* and *Healing Grief's Tangled Emotions*, he shares his experiences losing his first wife Mary Anna and working through complex emotions of grief and loss, healing and hope.

In *Loving Again*, David confronts the issues of letting go of our loved one, giving ourselves permission to love again, and seeking blessings from family and friends to pursue new love. He writes about the challenges of idealizing our loved one, forging a new independent identity, and creating a new life that is inevitably different than the one we once had.

This book is a companion for individuals sitting with the question, “Can I ever love again?” It is also a resource for grief counselors, therapists, clergy, and spiritual companions. This book is a powerful reminder of the power of hope and a reminder that we are never too old to love again.

Sample Poem
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Sweetly Sings the Windchime

*Sweetly sings the wind chime
As the moon peeks through the clouds
Its melody beckons that it is time
To leave the safety of the shrouds.*

*As the moon peeks through the clouds
Insistent the wind chime sings
Leave the safety of the shrouds
Feel the joy new life brings.*

*Insistent the wind chime sings
A lovely evening with a friend
Feel the joy new life brings
This is what the Creator intends.*

*A lovely evening with a friend
As the melody beckons that it is time
This is what the Creator intends
Sweetly sings the wind chime.*

Sample Poem
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Wedding Bells

*Distant the wedding bells peel
Joy, excitement, apprehension, disbelief
Still hard to believe it is real
Struggling to turn over the new leaf.*

*Joy, excitement, apprehension, disbelief
Attachments so difficult to let go
Struggling to turn over the new leaf.
Even though the heart is aglow.*

*Attachments so difficult to let go
Acceptance slowly does it build
Even though the heart is aglow
Filled with emotions, I am thrilled.*

*Acceptance slowly does it build
Still hard to believe it is real
Filled with emotions, I am thrilled*

Distant the wedding bells peel.